International Phototherapy Association
In Cooperation With
Laser and Health Academy
Presents

INNOVATIONS IN
GYNECOLOGIC LASER

September 19-21, 2013
Vilnius, Lithuania
During WORLD LASEROLOGY CONGRESS www.IPTA2013.com

INNOVATIONS IN
GYNECOLOGIC LASER

- Vaginal Tightening
- Female stress and mixed urinary incontinence
- Pelvic organ prolapses
- Vaginal Atrophy
- Aesthetic gynecology therapies
- Surgical applications

THE BENEFITS OF LASERS IN GYNECOLOGY

Vaginal Rejuvenation / Urinary Incontinence:

- Non invasive
- Non ablative procedures
- No anesthesia
- Painless with minimal downtime
- No adverse effects
- No consumables

Program Topics
September 19

Science Module
Venue: Vilnius University Old Campus
Time: 12-14am
- Fundamentals of Laser for Gynecologist
- 1 year of DySIS colposcopy experience, D.Kanopiene, A.Vaitkuviene.
- How Er:YAG and Smooth Mode Work
- Application of Laser in gynecology:
  - Vaginal Rejuvenation and tightening
    Intimalase
  - Treatment of mild to moderate stress urinary incontinence and mixed incontinence Incontilase
  - Labiaplasty, pigmented labia, genital warts etc.

Practical Module
Venue: CLINIC IN(Bendrosios ir estetinės dermatologijos klinika), S. Konarskio str. 2-96, Vilnius
Time: 15-18pm
- Introduction to Laser Treatments for Stress Urinary Incontinence and Vaginal Tightening
- Clinical cases
- Discussion
NB! Doctor’s preregistration required

Course Chairman:
Zdenko Vizintin
BSEE (Dipl. Eng.), MBA
President of LA&HA

Course Assistant:
Dr. Žana Bumbulienė
Gynecologist, EURAPAG, LAGD

Organiser: Baltic Medicum OÜ, ESTONIA
Official distributor of FOTONA in Baltics
Participation fee: 50 eur

Online registration: www.ipta2013.com
Information: Roman Henson +3725177250 roman@vipmedicum.ee
FotonaSmooth™
First Non-surgical Laser for Gynecologists

- IntimaLase™ - laser vaginal tightening
- IncontiLase™ - stress urinary incontinence laser treatment
- Minimally invasive, incisionless
- No anesthesia required
- Walk-in/walk-out procedure
- FotonaSmooth™ technology that will revolutionize gynecology forever
A true incisionless laser treatment for vaginal relaxation syndrome

**IntimaLase™**

- laser vaginal tightening (LVT) through photothermal tightening of the vaginal canal
- minimally invasive, incisionless
- no anesthesia needed
- safe, quick and easy ambulatory procedure
- walk-in/walk-out procedure

How does IntimaLase™ work?

- Fotona’s 2940 nm Er:YAG non-ablative laser with proprietary “SMOOTH-mode” technology
- Thermal effect on the vaginal mucosa that stimulates collagen remodeling and the synthesis of new collagen fibers in the vaginal mucosa tissue and collagen-rich endopelvic fascia.
- The final result of collagen neogenesis and remodeling is tightening of the vaginal canal.

High success rate and patient satisfaction with IntimaLase™ treatment

Scientific results clearly show great improvements in vaginal tightness and sexual gratification.

- 95% of patients assess vaginal tightness as strongly or moderately improved
- 17% average measured shrinkage of vaginal canal
- High level (97%) of patient satisfaction
- No adverse events reported

“Fotona’s IntimaLase procedure is highly effective at improving patients’ sexual function and sensitivity, and even decreases the risk of urinary incontinence, genital prolapse and other vaginal conditions. This technique is the most requested procedure in my office, with about 60% of patients seeking relief from functional problems.”

(Jorge Gaviria, MD; Aldana Laser Center, Caracas, Venezuela.)

“Following a global evolution toward minimally-invasive and patient-friendly procedures, a new protocol for vaginal tightening “IntimaLase” has been developed that can provide patients vaginal rejuvenation avoiding undesirable complications that are present in more invasive treatment alternatives such as CO₂ laser.”

(Adrian Gaspar, MD; Mendoza University, Argentina at the FIGO lecture, Rome 2012)
IncontiLase™ is a safe and effective treatment for SUI

Results from clinical studies confirm that IncontiLase is an effective, safe and comfortable treatment option for symptom relief in patients with mild or moderate SUI.

- 70% of patients dry after 120 days
- 94% of patients report improvement
- Improvement of SUI in all measured parameters
- No adverse events reported

The degree of incontinence and its impact on the quality of life was assessed with the ICIQ-Urinary Incontinence (UI) SF questionnaire before the treatment and at 1, 3 and 6 month follow-ups. The score significantly improved after the IncontiLase™ treatment.


*At the beginning I didn’t believe that such a simple treatment as IncontiLase could be so effective in treating indications such as mild and moderate Stress Urinary Incontinence. But when my first patient, whom I treated one year ago for moderate SUI, reported that she is dry from the day of the procedure, I began to change my mind. Today, after treating many patients, I can say that the results we have obtained with this new technology are exceeding my expectations. And after one year, my first patient is still dry and very happy with the change IncontiLase brought to her life.*

(Ivan Fistonic, MD, PhD; Fistonic Gynecology Clinic, Zagreb, Croatia)

**How does IncontiLase™ work?**

- Fotona’s 2,940 nm Er:YAG non-ablative laser with proprietary “SMOOTH-mode” technology
- Collagen remodeling and the synthesis of new collagen fibers in the region of anterior vaginal wall as well as the vestibule and urethral orifice due to the thermal effect on the vaginal mucosa.
- Greater support to the bladder and the return of normal continence function through collagen neogenesis and shrinking and tightening of vaginal mucosa tissue and collagen-rich endopelvic fascia.

**Invasiveness**

<table>
<thead>
<tr>
<th>Tissue</th>
<th>Non invasive methods</th>
<th>Invasive methods</th>
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<tr>
<td>Pelvic floor muscles</td>
<td>Kegel exercises</td>
<td>Surgical sphincter repair</td>
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<td>Vaginal cones</td>
<td>Electrical-stimulation</td>
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<tr>
<td>Connective tissues</td>
<td>IncontiLase™</td>
<td>Anterior repair with Kelly plication</td>
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<td>Sling procedures (TVT, TOT)</td>
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Er:YAG is ideal for many other gynecological treatments

**Wide range of treatments**

- laser labial trimming
- laser vulvar melanosis
- genital warts
- cervical dysplasia
- soft-tissue coagulation, vaporization, incision/excision

**Advantages of Er:YAG Lasers in Gynecology**

- non-contact, non-invasive, high-precision procedures
- little or no pain, many treatments possible without anesthesia
- simultaneous disinfection, total re-epithelization and fast wound healing
- outstanding clinical results
- no consumables

### Gynecological set

- **IncontiLase** treatment: 90° angular golden-mirror titanium adapter

- **IntimaLase** treatment: 360° circular golden-mirror titanium adapter

- Laser speculum

- R11 full-beam titanium handpiece

- PS03 patterned titanium handpiece

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**FotonaSmooth™ Er:YAG Technology**

- Utilizes an optimal laser wavelength that is absorbed within a few microns of mucosal tissue, thus avoiding any damage to deeper-lying tissues and organs.

- Delivers optical energy in temporally optimally-spaced, short laser pulses in order to prevent temperature build-up at the surface and to achieve homogeneous heating within a several-hundred-micron thick superficial layer of the mucosal tissue.

- Treats the mucosal tissue in a smooth, almost “feather-like” non-ablative manner, without any bleeding and with a precisely controlled temperature deposition that eliminates the risk of tissue damage.
Fotona Smooth™

XS model

• 2940 nm Er:YAG
• Exclusive SMOOTH mode for non-ablative vaginal collagen neogenesis and remodeling
• Fotona Variable Square Pulse technology for controlled tissue ablation and coagulation
• Complete range of gynecological procedures
• Additional aesthetic procedures
• No consumables

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<tr>
<th>Model</th>
<th>FotonaSmooth XS</th>
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<tbody>
<tr>
<td>Laser type</td>
<td>Er:YAG</td>
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<tr>
<td>Wavelength</td>
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<tr>
<td>Modalities</td>
<td>SMOOTH,</td>
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<td>Variable Square Pulse technology</td>
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Expand your practice with an additional laser wavelength

SP model

with additional aesthetic and clinical capabilities

• 2940 nm Er:YAG + 1064 nm Nd:YAG
• Fotona Multi-pulse technology
• Wide range of additional surgical and aesthetic procedures

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<tr>
<th>Model</th>
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<tr>
<td>Laser type</td>
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<td>Multi-Pulse technology</td>
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The Highest Performance

Since 1964 Fotona has set industry standards of excellence in laser systems for medicine, communications, industry, and defense. Our laser systems are the result of over 45 years of experience and expertise in producing high-tech products for these respective fields. Consequently Fotona is a globally recognized leader and pioneer in the innovation, development and manufacture of laser systems.

Global Leader for over 45 Years

High Technology – Made in Europe

As one of the top manufacturers of medical laser systems, our commitment to state-of-the-art, in-house production sets us apart from the competition, which typically outsources the production process. Fotona’s in-house manufacturing and stringent testing of all components, in compliance with applicable international standards, ensures that our systems are of the highest quality, reliability and durability. When you choose Fotona, you choose the highest performance, best-made laser systems in the world.

Excellent Training and Support

To get the most out of your FotonaSmooth™ system, our practitioner workshops, coorganized with the Laser and Health Academy, provide hands-on demonstrations of our lasers from international clinical experts.

Recent Scientific References


Fistonic I, Findri-Gustek S, Fistonic N.:

Jorge E. Gaviria P, Jose A. Lanz L.: